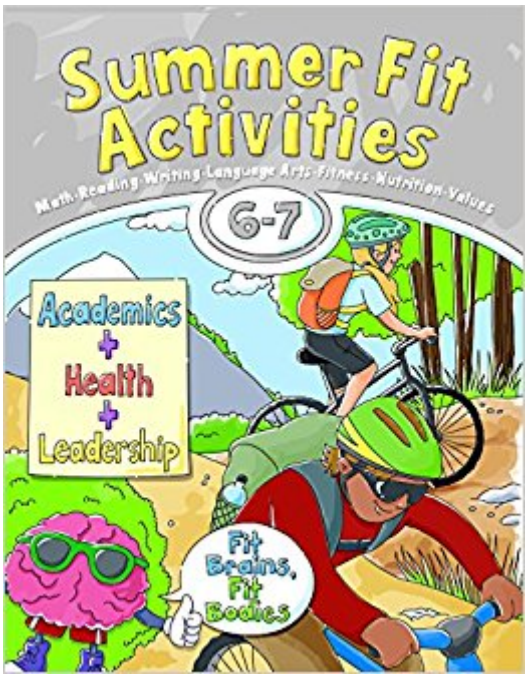
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Summer Fit, Sixth - Seventh Grade



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Synopsis

Summer Fit Middle School Sixth - Seventh is an engagingÃ Â workbookÃ Â that helps students learn and grow over the summer. It contains three different foundation pieces for child success: academics, health, and ethics with the study of role models including Nelson Mandela, Abe Lincoln and Kartick Satyanarayan from Wildlife SOS. Summer Fit Activities makes learning fun with colorful illustrations, family activities, fitness logs and incentive calendars. Summer Fit is easy to use for parents, caregivers and grandparents to guide and follow along as their childÃ¢â ¬â„¢s progresses throughout the summer. Daily lessons in academics and fitness are designed with a self-motivating incentive contract calendar program to help encourage guide and reward children to complete their work. Ã Â Summer Fit Activities uses an integrated approach to summer learning that includes all basic skills and focuses on non-cognitive and cognitive development. Ã Â * Daily lessons in reading, writing, math, language arts, science and geography * Supports National Standards * Promotes Whole Child Learning * Daily Fitness Program * Handwriting Practice * Summer Reading Program * Healthy Eating and Nutrition Section * Builds Confidence, Self Esteem, Empathy and Leadership * Reviews and Previews Grade Levels * Weekly Core Values reinforce positive social skills and behavior * Free online resources extend summer learning experience

Book Information

Paperback: 176 pages

Publisher: Active Planet Kids, Inc; Act Csm Fl edition (April 18, 2017)

Language: English

ISBN-10: 0998290270

ISBN-13: 978-0998290270

Product Dimensions: 8.3 x 0.5 x 10.8 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #859,865 in Books (See Top 100 in Books) #107 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Health > Fitness #175 inÃ Â Books > Health, Fitness & Dieting > Exercise & Fitness > For Children #511 inÃ Â Books > Children's Books > Education & Reference > Study Aids > Children's General Study Aids

Age Range: 11 - 12 years

Grade Level: 6 - 7

Customer Reviews

Elementary and middle school teacher for 30 years. Currently a Vice Principal and 7th grade teacher, Mrs Brand is current, relevant and a force in her classroom. She brings purpose to her students and challenges them not only to be good students, but exceptional human beings.Active Planet Kids (APK) is an Active Lifestyle and Educational companyÃ Â that focuses on both cognitive andÃ Â non-cognitive development toÃ Â createÃ Â whole child learning experiences. APK products and resourcesÃ Â helpÃ Â parents and children build healthy lifestyles, leadership and social responsibilityÃ Â as part of theirÃ Â overall academic success.

This is the 5th or 6th summer activity book I have purchased in the last ten years, and it is by far the best one. In addition to the expected academic exercises for reading, writing and math, the book also includes daily and weekly challenges for a well-rounded summer. For example, users are guided to create exercise goals with a broad list of suggestions from which to select that go well beyond running for a specified period of time or swimming xx laps. Other activities touch on nutrition, preparing meals and creativity in art and music. My rising 6th grade daughter loves this book so much she stays up late just to do a few more pages.

MY SON HAS BEEN DOING PAGES EVERY DAY ALL SUMMER ITS GREAT

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Rock Book Series 1) Get Fit, Stay Fit Get Fit Now For High School Basketball: The Complete Guide for Ultimate Performance (Get Fit Now for High School Sports) Hello Grade 6: Back To School Composition Notebook Sixth Grade Girls (Journals For Kids To Write In)(8.5 x 11) Hello 6th Grade: Emoji Composition Notebooks Sixth Grade Boys (Back To School Composition Notebooks)(8.5 x 11)

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